Roma Pain Days

JUNE 13-15, 2024

Scientific Program

CONGRESS CENTER
Roma Eventi - Fontana di Trevi
HYBRID CONGRESS!
ORGANIZING SECRETARIAT
Soluzioni Omnia Media Srl
Via Anfiteatro 10, 37121 Verona - Italy
T. +39 045 8034553
www.soluzioniomniamedia.com

Project Manager: Sabrina Boari
M. +39 351 5525814
Email: rpd@soluzioniomniamedia.com

FACULTY AND REGISTRATIONS MANAGEMENT
R-Events
Randa Becker
Whatsapp: +1 (512)203-6171
Email: randa@r-events.com
www.r-events.com

The Congress is organized by
Paolo Procacci Foundation

With the organisational support of:
Federación Latinoamericana de Asociaciones para el Estudio del Dolor
Main Topics

- Acute pain
- Chronic pain
- Fibromyalgia
- Intervventional management of pain
- Neuropathic pain
- Pain and immunology
- Pain in palliative care
- Pharmacological management of pain
- Rheumatologic pain
- Side effects of pain management
- Ultrasound support in interventional pain management

Congress Chair:
Varrassi, Giustino - PPF President

Scientific Programm Committee (SPC)

Aurilio, Caterina
Breve, Frank
Coaccioli, Stefano
Dickenson, Anthony
Ergönenç, Tolga
Finco, Gabriele
Fornasari, Diego
Geppetti, Pierangelo
Hanna, Magdi
Moka, Eleni
Montero Matamala, Antonio
Narvaez Tamayo, Marco
Pace, Caterina
Paladini, Antonella
Pergolizzi, Joseph
Plancarte, Ricardo
Polati, Enrico
Raffa, Robert
Rekatsina, Martina
Romanenko, Vladimir
Sarzi Puttini, Piercarlo
Vadalouca, Athina

Local Organizing Committee

Rinaldi, Riccardo (Chair)
Amorizzo, Ezio
Colini Baldeschi, Gianni
Galli, Federica
Meloncelli, Stefano
Mercieri, Marco
Occhigrossi, Felice
ENDORSEMENTS

The European Society of Regional Anaesthesia & Pain Therapy
Fedelat
Asociación Boliviana del Dolor

Associazione Italiana per lo Studio del Dolore
Associazione Sammarinese per lo Studio del Dolore
Latvian Association for the Study of Pain

Lithuanian Pain Society
Moldovan Society for the Study and Management of Pain
Hellenic Society of Pain Management and Palliative Care

Polish Association for the Study of Pain
The Pain Association of Singapore
Ukranian Association for the Study of Pain
ROMA PAIN DAYS (#RPD24)
Not Only Science

The Organizing Committee eagerly invites you to the #RPD24. This congress is more and more appreciated and is becoming a well-established tradition. Considering the tremendous success of the 2023 edition, with over 1900 participants, the Paolo Procacci Foundation Executive Board has decided to organize it again on June 13-15, 2024, in the same venue. As for the previous editions, in 2024, the congress will be hybrid to guarantee the possibility of professional growth to Colleagues not having the possibility to join the in-presence event in Roma.

The scientific program will be even more intriguing this year than in previous editions. One of the Congress Center rooms will be fully dedicated to “Meet-the-Expert” sessions, during which one of the components of the faculty will be available to provide a presentation, followed by a discussion with the participants. Hence, the congress will be more interactive with the audience proactively participating in disseminating updated scientific knowledge. Of course, the “Experts” will be scientific personalities highly recognized at the international level for the impact of their research. The Scientific Program Committee (SPC) is already convinced that this initiative will be highly appreciated by the participants, both in presence and online. The Paolo Procacci Foundation is more than happy to offer the optimal platform of confrontation to the numerous Colleagues willing to have an open discussion with real experts and acquire the knowledge to increase their clinical abilities.

As for the previous editions, the auditorium will be partially dedicated to the sponsored sessions. Anyone is conscious of how important such sessions are for the ethical diffusion of essential messages for better therapy, especially in pain patients. The program will be thrilling, as in the past, and the organizers are more than sure of the scientific success of the congress.

Paolo Procacci Foundation is grateful to all the Members of the Scientific Committee, the Local Organizing Committee, and the international and extended network that is appreciating the initiative, but especially it is grateful to all the Sponsors. With their support, the diffusion of new scientific advancements in Pain Medicine is much easier. We are excited to meet.

Giustino Varrassi
President, Paolo Procacci Foundation

romapaindays.com
## TIMETABLE June 13

<table>
<thead>
<tr>
<th>TIME</th>
<th>AUDITORIUM LOYOLA</th>
</tr>
</thead>
<tbody>
<tr>
<td>12.00</td>
<td>OPENING OF SECRETARIAT</td>
</tr>
<tr>
<td>16.30 - 20.00</td>
<td>Opening Ceremony</td>
</tr>
<tr>
<td>16.30 - 17.00</td>
<td>Welcome presentations</td>
</tr>
<tr>
<td>17.45 - 18.30</td>
<td>Awards to the best abstracts on Interventional Pain Management (Ischia Prize)</td>
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<tr>
<td>18.30 - 20.00</td>
<td>Visit to the Exhibition Area</td>
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</tbody>
</table>

## TIMETABLE June 14

<table>
<thead>
<tr>
<th>TIME</th>
<th>AUDITORIUM LOYOLA</th>
</tr>
</thead>
<tbody>
<tr>
<td>08.00</td>
<td>OPENING OF SECRETARIAT</td>
</tr>
<tr>
<td>09.00 - 11.00</td>
<td>The Many Faces of Pain (Industry Sponsored Session)*</td>
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<tr>
<td>11.15 - 13.00</td>
<td>Coffee break</td>
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<tr>
<td>13.00 - 14.00</td>
<td>Lunch</td>
</tr>
<tr>
<td>14.00 - 15.00</td>
<td>Effective management of headache and migraine (Industry Sponsored Session)*</td>
</tr>
<tr>
<td>15.00 - 16.30</td>
<td>Fibromyalgia and quality of life</td>
</tr>
<tr>
<td>16.30 - 17.30</td>
<td>Chronic pain and sexual life</td>
</tr>
</tbody>
</table>

*Coffee Station available from 15.30 to 17.00

* Industry Sponsored Sessions are organized by industry and are not included in the main event CME credit offering

## TIMETABLE June 14

<table>
<thead>
<tr>
<th>TIME</th>
<th>ROOM ALIGHIERI</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.00 - 14.00</td>
<td>Hands-on Workshop Ultrasound in Pain Medicine</td>
</tr>
<tr>
<td>11.00 - 12.00</td>
<td>SESSION 1 Shoulder Joint</td>
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<tr>
<td>12.00 - 13.00</td>
<td>SESSION 2 Ankle &amp; Foot</td>
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<tr>
<td>13.00 - 14.00</td>
<td>SESSION 3 Cervical Spine</td>
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*NO VIRTUAL PLATFORM
*NO CME CREDITS

## TIMETABLE June 15

<table>
<thead>
<tr>
<th>TIME</th>
<th>AUDITORIUM LOYOLA</th>
</tr>
</thead>
<tbody>
<tr>
<td>07.00</td>
<td>OPENING OF SECRETARIAT</td>
</tr>
<tr>
<td>08.00 - 09.30</td>
<td>Education in Pain Medicine</td>
</tr>
<tr>
<td>09.30 - 10.45</td>
<td>Effects of neuromodulation</td>
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<tr>
<td>10.45 - 11.40</td>
<td>Future in Pain Medicine</td>
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<tr>
<td>11.40 - 13.30</td>
<td>E-posters presentation</td>
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<tr>
<td>13.30</td>
<td>Closing remarks and award ceremony to best posters presentation</td>
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</tbody>
</table>

*Coffee Station available from 10.30 to 11.30

## TIMETABLE June 15

<table>
<thead>
<tr>
<th>TIME</th>
<th>ROOM FOSCOLO</th>
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<tbody>
<tr>
<td>08.30 - 12.00</td>
<td>“Meet-the-Expert”</td>
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**Coffee Station available from 15.30 to 17.00
JUNE 13

12.00 Opening of secretariat

<table>
<thead>
<tr>
<th>JUNE 13</th>
<th>AUDITORIUM LOYOLA</th>
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<tbody>
<tr>
<td>16.30 - 20.00</td>
<td>Opening Ceremony</td>
</tr>
<tr>
<td><strong>Chairpersons:</strong> Anthony Dickenson, Giustino Varrassi</td>
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<tr>
<td>16.30 - 17.00</td>
<td>Welcome presentations</td>
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<tr>
<td>17.00 - 17.45</td>
<td>Plenary Lecture</td>
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<tr>
<td>Pain Medicine and John Bonica, the other Godfather from Sicily</td>
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<tr>
<td>Narinder Rawal</td>
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<td>Awards to the best abstracts on Interventional Pain Management (Ischia Prize)</td>
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<td>Visit to the Exhibition Area</td>
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<table>
<thead>
<tr>
<th>JUNE 14</th>
<th>SPONSORED SESSION</th>
<th>AUDITORIUM LOYOLA</th>
</tr>
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<tbody>
<tr>
<td>09.00 - 11.00</td>
<td>The Many Faces of Pain</td>
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<tr>
<td><strong>Chairperson:</strong> Giustino Varrassi</td>
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<tr>
<td>09.00 - 09.10</td>
<td>Understanding the different forms of pain</td>
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<tr>
<td>Giustino Varrassi</td>
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<tr>
<td>09.10 - 09.25</td>
<td>Emergency pain best practices: treatment in critical moments</td>
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<tr>
<td>Imad Khojah</td>
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<tr>
<td>09.25 - 09.40</td>
<td>Insights into 1-day surgery pain management</td>
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<tr>
<td>Magdalena Kocot-Kępska</td>
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<tr>
<td>09.40 - 09.55</td>
<td>Navigating the labyrinth of low back pain: What’s new?</td>
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<tr>
<td>Magdi Hanna</td>
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<tr>
<td>09.55 - 10.10</td>
<td>Managing patient cases through practical protocols</td>
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<tr>
<td>Antonio Montero Matamala</td>
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<tr>
<td>10.10 - 10.25</td>
<td>Unravelling the real faces of pain: new findings from Real World Evidences (Online presentation)</td>
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<tr>
<td>Passakorn Sawaddiruk</td>
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<tr>
<td>10.25 - 11.00</td>
<td>Q/A</td>
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<tr>
<td>11.00 - 11.15</td>
<td>Coffee break 🍵</td>
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* Industry Sponsored Sessions are organized by industry and are not included in the main event CME credit offering
• JUNE 14

11.15 - 13.00 | The changing landscape of migraine
Chairpersons: Caterina Pace, Cristina Tassorelli

11.15 - 11.45 | Acute attack treatment
Pierangelo Geppetti

11.45 - 12.15 | Migraine prevention
Gianluca Coppola

12.15 - 12.45 | Refractory migraine
Simona Sacco

12.45 - 13.00 | Q/A

13.00 - 14.00 | Lunch

• JUNE 14

14.00 - 15.00 | Effective management of headache and migraine
Chairperson: Giustino Varrassi

14.00 - 14.20 | What anyone should know about headache and migraine
Simona Sacco

14.20 - 14.40 | Role of ibuprofen treatment for headache and migraine
Pierangelo Geppetti

14.40 - 15.00 | Q/A

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CME credit offering
• JUNE 14

AUDITORIUM LOYOLA

15.00 - 17.30  CHRONIC PAIN AND QUALITY OF LIFE

15.00 - 16.30  Fibromyalgia and quality of life

Chairpersons: Enrico Polati, Piercarlo Sarzi Puttini

15.00 - 15.20  Clinical aspects of fibromyalgia

Stefano Coaccioli

15.20 - 15.40  Use of PEA and LAC in fibromyalgia syndrome

Diego Fornasari

15.40 - 16.00  Cannabinoids in the management of fibromyalgia

Piercarlo Sarzi Puttini

16.00 - 16.20  Multidisciplinary approach to fibromyalgia patients

Valeria Giorgi

16.20 - 16.30  Q/A

16.30 - 17.30  Chronic pain and sexual life

Chairpersons: Gabriele Finco, Caterina Aurilio

16.30 - 16.50  Pain in sexual life

Andrea Sansone

16.50 - 17.10  Sexual life in pain patients

Tommaso Jannini

17.10 - 17.30  Q/A

* Coffee station available from 15.30 to 17.00
08.00 - 13.30  | SCIENTIFIC SESSIONS

08.00 - 09.30  | Education in Pain Medicine  
Chairpersons: Ricardo Plancarte, Enrico Polati

08.00 - 08.20  | The IASP-SouthEast Asian Camp  
Say Yang Ong

08.20 - 08.40  | The LatAm models  
Marco Narvaez Tamayo

08.40 - 09.00  | The North American models  
Christopher Gharibo

09.00 - 09.20  | The European models  
Victor Mayoral Rojals

09.20 - 09.30  | Q/A

09.30 - 10.45  | Effects of neuromodulation  
Chairpersons: Gianni Colini Baldeschi, Filomena Puntillo

09.30 - 09.50  | Analgesic mechanisms of central neuromodulation  
Mariateresa Giglio

09.50 - 10.10  | Predictive efficacy parameters of SCS in vascular diseases and diabetic neuropathy  
Ezio Amorizzo

10.10 - 10.30  | Closed loop SCS  
Pasquale De Negri

10.30 - 10.45  | Q/A
### JUNE 15

**AUDITORIUM LOYOLA**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Chairpersons</th>
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</thead>
<tbody>
<tr>
<td>10.45 - 11.40</td>
<td>Future in Pain Medicine</td>
<td>Athina Vadalouca, Ioanna Siafaka</td>
</tr>
<tr>
<td>10.45 - 11.05</td>
<td>Chronic pain management in the era of artificial intelligence (Online presentation)</td>
<td>Miguel Narvaez Encinas</td>
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<tr>
<td>11.05 - 11.25</td>
<td>The value of medical apps and chatGPT for pain management</td>
<td>Thomas Tölle</td>
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<tr>
<td>11.25 - 11.40</td>
<td>Q/A</td>
<td></td>
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<tr>
<td>11.40 - 13.30</td>
<td><strong>Best e-posters presentation and closing remarks</strong></td>
<td>Merab Kiladze, Riccardo Rinaldi, Giustino Varrassi</td>
</tr>
</tbody>
</table>

* Coffee station available from 10.30 to 11.30
JUNE 14

ROOM FOSCOLO

11.15 - 13.00  “Meet-the-Expert”  
Chairpersons: Gabriele Finco, Narinder Rawal

11.15 - 11.40  Immunology and pain  
Stefano Coaccioli

11.40 - 12.05  Pain Management in emergency surgeries  
Rocio Guillen

12.05 - 12.30  Stem cells as an option in the treatment of low back pain  
Stefano Meloncelli

12.30 - 12.55  Physiatric support in musculoskeletal pain  
Giacomo Fari

12.55 - 13.00  General discussion

13.00 - 14.00  Lunch

15.00 - 18.30  “Meet-the-Expert”  
Chairpersons: Marco Mercieri, Felice Occhigrossi

15.00 - 15.30  Brain and Pain  
Panagiotis Zis

15.30 - 16.00  Management of chronic pelvic pain  
Martina Rekatsina

16.00 - 16.30  Painful restless legs syndrome  
Samson Khachatryan

16.30 - 17.00  Inclusiveness and diversity in pain management  
Eleni Moka

17.00 - 17.30  Use of PEA in multimodal analgesia for chronic pain patients  
Giustino Varrassi

17.30 - 18.00  The dilemma of cannabinoids between enthusiasm and frustration  
Thomas Tölle

18.00 - 18.30  Pain in the older adults: lessons and challenges  
Say Yang Ong

* Coffee station available from 15.30 to 17.00
JUNE 15
ROOM FOSCOLO

08.30 - 12.00  “Meet-the-Expert”
Chairpersons: Eleni Moka, Antonella Paladini

08.30 - 09.00  Emotional screening in opioid use disorders
Alena Javurkova

09.00 - 09.30  Virtual reality and pain management
Jaroslava Raudenska

09.30 - 10.00  Ultrasound practice maybe better
with Needlescopy (Online presentation)
Laura Ruscio

10.00 - 10.30  Ultrasound in pain medicine is not only science but also art
Tolga Ergönenç

10.30 - 11.00  Ultrasound support in musculoskeletal pain
Abdallah Allam

11.00 - 11.30  Residual pain in rheumatology
Piercarlo Sarzi Puttini

11.30 - 12.00  Understanding nociplastic pain: the role of clinical psychology
Federica Galli

* Coffee station available from 10.30 to 11.30
HANDS ON WORKSHOP
Ultrasound in Pain Medicine

SESSION 1
JUNE 14 - 11.00 - 12.00
- Shoulder Joint | Station I | '20 | Ezio Amorizzo
- Knee Joint     | Station II | '20 | Abdallah Allam
- Hip Joint (Adult) | Station III | '20 | Felice Occhigrossi

SESSION 2
JUNE 14 - 12.00 - 13.00
- Ankle & Foot | Station I | '20 | Ezio Amorizzo
- Elbow        | Station II | '20 | Abdallah Allam
- Wrist & Hand | Station III | '20 | Tolga Ergonenç

SESSION 3
JUNE 14 - 13.00 - 14.00
- Cervical Spine | Station I | '20 | Felice Occhigrossi
- Thoracic Spine | Station II | '20 | Tolga Ergonenç
- Lumbosacral Spine | Station III | '20 | Ezio Amorizzo
FACULTY

Allam, Abdallah
Amorizzo, Ezio
Aurilio, Caterina
Coaccioli, Stefano
Colini Baldeschi, Gianni
Coppola, Gianluca
De Negri, Pasquale
Dickenson, Anthony
Ergönenç, Tolga
Fari, Giacomo
Finco, Gabriele
Fornasari, Diego
Galli, Federica
Geppetti, Pierangelo
Gharibo, Christopher
Giglio, Mariateresa
Giorgi, Valeria
Guillen, Rocío
Hanna, Magdi
Jannini, Tommaso
Javůrkova, Alena
Khachatriyan, Samson
Khojah, Imad
Kiladze, Merab
Kocot-Kępska, Magdalena
Mayoral Rojals, Victor
Meloncelli, Stefano
Mercieri, Marco

Moka, Eleni
Montero Matamala, Antonio
Narvaez Encinas, Miguel
Narvaez Tamayo, Marco
Occhigrossi, Felice
Ong, Say Yang
Pace, Caterina
Paladini, Antonella
Piedimonte, Fabian
Plancarte, Ricardo
Polati, Enrico
Puntillo, Filomena
Raudenska, Jaroslava
Rawal, Narinder
Rekatsina, Martina
Rinaldi, Riccardo
Ruscio, Laura
Sacco, Simona
Sansone, Andrea
Sarzi Puttini, Piercarlo
Sawaddiruk, Passakorn
Siafaka, Ioanna
Tassorelli, Cristina
Tölle, Thomas
Vadalouca, Athina
Varrassi, Giustino
Zis, Panagiotis
Menarini Symposium

THE MANY FACES OF PAIN

Friday, June 14TH 2024 - 9:00-11:00 CEST
Auditorium Loyola
Roma Eventi - Fontana di Trevi Congress Center
Rome, Italy
GENERAL INFORMATION

Meeting Venue
Roma Eventi - Fontana di Trevi
Piazza della Pilotta, 4, 00187 Roma (Italy)

Congress and Exhibition Organization
Soluzioni Omnia Media srl
Via Anfiteatro, 10 – 37121 Verona - Italy
rpd@soluzioniomniamedia.com
Phone and WhatsApp: +39 351 5525814

Registrations
R-Events, BVBA
De Caterslei 37, 2930 Brasschaat (Antwerp) - Belgium
randa@r-events.com
Phone and WhatsApp: +32 473291361

HOW TO REACH THE VENUE
From 'ROMA TERMINI' Train Station
2 Kms (5 mins public transport - Express Bus n.40; 20 mins walking)

Metro underground trains
From Roma Termini Underground Station:
• A line - 2 stops - get off at BARBERINI (800 metres from the venue)
• B line - 1 stop - get off at CAUOIR (1.2 kms from the venue)

From ‘Leonardo da Vinci’ International Airport
28 Kms (40-45 mins public transport or private car)
A direct train connects the Airport to Roma Termini Railway Station
(departure every 30 minutes)

Restricted Traffic Area
Roma Eventi Fontana di Trevi is located in a Restricted Traffic
Area closed to traffic at the following times:

Weekdays: from Monday to Thursday: from 06:30 to 18:00
Friday: from 06:30 to 18:00 and from 23:00 to 03:00
(night-time Restricted Traffic Area)
Saturday: from 14:00 to 18:00 and 23:00 to 03:00
(night-time Restricted Traffic Area)
Target audience
Roma Pain Days is appropriate for all physicians involved in the care of patients in pain, in the following disciplines: Anesthesiology; Clinical Biochemistry; Care Continuity; Palliative Care; Epidemiology; Clinical Pharmacology; Gastroenterology; Geriatrics; Hygiene; Epidemiology and Public Health; Community Medicine; Clinical Allergology and Immunology; Physics and Rehabilitation; General Medicine; Internal Medicine; Legal Medicine; Nephrology; Neuro-pathophysiology; Neurology; Neuroradiology; Orthopedics and Traumatology; Pediatrics; Rheumatology; Human Nutrition and Food Science; Psychologists; Psychotherapists and Pain Nursing.

Italian CME accreditation
An application for Italian CME accreditation has been submitted with event code: 412802. The event has been granted 3.3 CME credits.

Hands-on Workshop (June 14)
The Hands-on Workshop has been granted no CME credits.

European CME accreditation
For accredited activities, credits can be exchanged for their national equivalent by contacting your national CME authority. A record of your CME credit status will also be kept for future reference.

Official Language
The official language of the meeting is English. No simultaneous translation is provided to the in presence event.

Onsite participation:
For the acquisition of CME credits it is mandatory to have attended at least 90% of the whole duration of the congress. CME certificates will be sent by email 90 days after the end of the Congress.

Online participation:
The livestreaming has been granted no CME credits.

Virtual Platform Login
A link to enter Roma Pain Days Virtual Platform will be sent to all registered participants a few days before the beginning of the congress. After registration is completed (using your pre-registered e-mail) you will receive a link to connect to the live streaming (this link will be active only during the Congress sessions).
Abstracts and E-Posters
The submitted abstracts to Roma Pain Days have been evaluated by the Scientific Committee of the congress and the accepted ones have been published on **Advancements in Health Research** Journal (#AHRjournal) https://www.ahr-journal.org/site. E-posters will be displayed in the main hall and galleries of the Congress Center and the best ones will be presented in a dedicated session on June 15.

Prizes and Awards
JUNE 13 | 17:45-18:30 | STEFANO ISCHIA PRIZE
**Auditorium Loyola**
In honour of Stefano Ischia memory, the Paolo Procacci Foundation is granting 6 prizes for the best abstracts on Interventional Pain Management presented by physicians less than 40 years at Roma Pain Days 2024.

JUNE 15 | 11.40-13.30 | BEST ABSTRACTS AND POSTERS ROMA PAIN DAYS 2024
**Auditorium Loyola**

Certificate of Attendance
Certificates of attendance will be sent by e-mail one week after the end of the Congress.

Badges
Badges will be delivered to Participants, Faculty and Sponsors at the Welcome Desk located at the entrance of the venue.
Participants are kindly requested to always wear their name badge during meeting activities.

Medtech Europe Code of Ethical Business Practice
This event is compliant with the MedTech Europe Code of Ethical Business Practice. Decision posted on https://www.ethicalmedtech.eu/